



**Faculty of Education**

**Certificate in Ballet Teaching Studies**

**Information Booklet**

January 2010

**Validated by the  
Royal Academy of Dance**

The Certificate in Ballet Teaching Studies is delivered through part-time study over two years. The programme is divided into 6 modules, which are worth 20 credits each. A module with a credit weighting of 20 will require 200 study hours on average. As you will study part-time, normally you should set aside 20 hours per week for 30 weeks of the year, i.e. 600 hours study time over one year and 1200 study hours over the two years.

In each study year, you will be completing three modules and you will be required to attend a 6 day Intensive Study Period. In your second year of study, you will be required to complete a mentored Practical Teaching Placement. For each module, you will have access to a Faculty of Education appointed module tutor and a Module Study Guide. Tutoring is by e-mail, fax or telephone.

The programme will be delivered in the first language of your country of residence, subject to there being viable numbers recruited to the programme in that country. Please note that the RAD retains the right to determine the language of delivery in countries where more than one language is spoken.

In the pages that follow, we have listed the programme modules and provided a brief description of the content.

<b>CBTS 101</b>	<b>Knowing the Royal Academy of Dance Syllabus PART: 1</b>	<b>20 Credits</b>
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This is your chance to gain a unique overview of the RAD syllabus and examination structure through study of the progressive development from one level to the next of the RAD ballet vocabulary up to and including Intermediate. In this module you will use RAD syllabus, videos and published material, and you will be required to attend a six day Intensive Study Period at a centre approved by the Academy. During this time you will take part in practical classes, lectures and tutorials led by Faculty of Education appointed tutors.

<b>CBTS 102</b>	<b>Knowing the Royal Academy of Dance Syllabus PART: 2</b>	<b>20 Credits</b>
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In this module you will build on the knowledge and understanding gained in CBTS101, by delving more deeply into how classical RAD ballet technique can be taught in a creative and exciting way. You will be encouraged to devise imaginative *enchaînements* ensuring that attention is given to qualitative aspects of dancing. You will study Free Movement and Character from the RAD's Graded syllabus. You will be required to attend a six day Intensive Study Period at an RAD approved centre where knowledge and understanding of the teaching of classical ballet and the RAD's syllabus is explored through practical classes, discussion and tutorials, led by Faculty of Education appointed tutors.

<b>CBTS 103</b>	<b>The Healthy Dancer</b>	<b>20 Credits</b>
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In this unit you will gain an understanding of how to make the process of learning ballet technique a safe and healthy experience for you and your students. A basic

introduction to anatomy and physiology, as it is relevant to the teaching of ballet, will enable you to ensure that each student develops sound technique and avoids injury. You will also learn how to accommodate different physiques and recognise the needs of developing students within class.

<b>CBTS 104</b>	<b>Planning for Effective Teaching</b>	<b>20 Credits</b>
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Good planning is the essence of good teaching. Knowing your students, selecting material that allows you to plan for their individual skills and abilities so that all are capable of success, is the focus of this module.

<b>CBTS 105</b>	<b>Practical Teaching</b>	<b>20 Credits</b>
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For this module, you will be required to engage in practical teaching. You will be provided with the opportunity to watch experienced teachers at work and to practise your own teaching skills using the knowledge you have gained in other modules, most notably CBTS 101, CBTS 103 and CBTS 104.

Please note that you will be responsible for setting up a suitable Practical Teaching Placement. For information and assistance you can contact Kerry Dignan, Placements Support Officer on +44 (0)20 7326 8021 or email [kdignan@rad.org.uk](mailto:kdignan@rad.org.uk).

<b>CBTS 106</b>	<b>The Freelance Dance Teacher</b>	<b>20 Credits</b>
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The dance teacher in the 21<sup>st</sup> Century is often required to operate on a portfolio basis with a range of clients. This may necessitate travelling between organisations, locations and communities, and engagement with a wide range of individuals and/or partners. To be able to take full advantage of any employment opportunities available it is important to understand the wider arts infrastructure, how to access networks, and the kinds and types of dance provision currently on offer. This module is in direct response to a large number of requests from students, teachers and employers.

Knowing yourself, your skills and what you want to do is important in planning your career and portfolio. So too are aspects such as time management, marketing, project planning, financial and legal matters, which are fundamental to your survival. This module provides you with a unique opportunity to improve your professional skills and employment potential.

## Frequently Asked Questions

**Q: Do I need to have computer, e-mail and fax and telephone facilities?**

A: You are advised strongly to have your own computer or regular access to one. You do not need to own a fax machine but a private e-mail address is mandatory. Assignments must be word processed.

**Q. Is it helpful to have a working knowledge of the RAD Graded Syllabus and Intermediate Syllabus before the programme starts?**

A: Yes. With a working knowledge of the Graded and Intermediate syllabi you will appreciate more easily the progression of vocabulary that is the main focus of CBTS 101 and 102

**Q: Are the RAD syllabus books provided?**

A: No, as the majority of students enrolling on the course will already have their own syllabus books and probably have notes in them, CBTS programme material does not include syllabus books. However, the publication *Foundations of Classical Ballet* is included in the language of delivery.

**Q: What do I need to know about the Practical Teaching Placement?**

A: As part of your programme, you will be undertaking Module CBTS 105 Practical Teaching for which you will need to set up a Practical Teaching Placement. The placement provider will need to have a member of staff willing to act as a Mentor who should be a suitably qualified, insured teacher. Mentors will receive an information pack outlining their roles and responsibilities prior to the start of the placement.

**Q. Can I enter candidates for RAD examinations whilst on the Certificate in Ballet Teaching Studies?**

A: No, you will not be qualified to teach and enter candidates for examinations until you have completed the Certificate in Ballet Teaching Studies successfully. Once you are an RAD Registered Teacher you will be qualified and you may then enter candidates for examinations.

**Q: Do I need to have an English Language qualification if English is not my first language?**

A: The programme will be delivered and assessed in the first language of your country of residence, subject to there being viable numbers recruited to the programme in that country. Please note that the RAD retains the right to determine the language of delivery in countries where more than one language is spoken.

If you are studying in a language other than your first language then it is your responsibility to ensure that you are able to read, write and speak proficiently in the language.

**Q: Is the programme studied entirely by distance learning?**

A: No. You will be required to attend two Intensive Study Periods (ISPs); one in each year of study. These ISPs will be held in RAD approved centres. Full details of ISP venues can be obtained from your National Administrator. The cost of the ISP is

included in your fees (excluding travel, accommodation etc). The module descriptions in this booklet identify clearly those modules where attendance at an ISP is required. Attendance of the ISPs is compulsory.

**Q: How much contact will I have with my tutor?**

A: There are 6 tutor contact hours for each of the following modules: CBTS 103, CBTS 104 and CBTS 106. For CBTS 101 and CBTS 102 you will have 2 hours tutor contact and face to face teaching for the ISP. For CBTS 105 you will be supported by your Mentor who is there to act as a critical friend. In addition you will have 2 hours of tutoring by your Practical Teaching Supervisor who will also visit you on up to 3 occasions during the placement. Detailed information on contact hours is provided in the individual Module Study Guides that you will receive.

**Q: Can I apply for Accreditation of Prior Learning (APL)?**

A: APL is not currently available for the CBTS programme.

**Q: Who can I speak to at the RAD Headquarters if I have any other questions that are not answered here?**

*For questions regarding admissions please contact:*

Francesca Cameron, Admissions Officer on +44 (0)20 7326 8086 or email [faculty@rad.org.uk](mailto:faculty@rad.org.uk)

*For questions regarding programme administration please contact:*

Libby Costello, Programmes Administrative Manager +44 (0)20 7326 8903 or email [lcostello@rad.org.uk](mailto:lcostello@rad.org.uk)

*For questions regarding teaching placements please contact:*

Nicola Hedley, Placement and Postgraduate Programme Officer on +44 (0)20 7326 8905 or email [nahedley@rad.org.uk](mailto:nahedley@rad.org.uk)